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Coventry Shotokan Karate Club

December, 2013



Student Newsletter

DOJO UPDATES

I hope that everyone had a great Thanksgiving. December should be a fun month at the dojo. We are planning a Christmas party for the kids on Monday night December 23rd. We also have a couple of our advanced students that should be testing before the end of the year. This month we are working Hangetsu kata with the advanced students.



We are excited that CSKC will be participating in a new Instructor Training program. This program is designed for new black belts to attend, and focuses on teaching instructors how to teach, along with other aspects of operating and running a dojo. Please see the article below for more details. We highly recommend for all of our black belts to attend. The sessions will be on Saturday mornings from 9:00am to noon. Twelve sessions will be offered over the course of the year, and you need to attend eight of the 12 sessions to graduate from the program.

If you know anyone looking to start karate training, please see the special offer below. This is a great deal for new students. Finally, we have recently updated the club web site, which is packed with information and videos to assist in your training. Please take some time to review the site. I think you will be surprised by all of the information available.

www.CoventryKarate.com

INSTRUCTOR CERTIFICATION PROGRAM

Many student's test for their black belt and demonstrate proficiency in their martial art. However, many never receive proper instruction on how to instruct and teach other students. Learn from senior instructors who have decades of experience teaching and operating successful dojos..



Recent Promotions

- Ashley Jaccobs** - 4th Kyu Purple Belt
- Ty Stubbs** - 4th Kyu Purple Belt
- Olivia Perron** - 5th Kyu Purple Belt
- Dylan Waterman** - 5th Kyu Purple Belt
- Liam Tvenstrup** - 7th Kyu Green Belt
- Mackenzie Boudreau** - 7th Kyu Green Belt

Holiday Gifts



If your looking for a good holiday gift idea, check out our Club Gear page. You can customize sweatshirts with your student's name, purchase mugs, or I Phone cases, etc....

[Club Gear Page](#)

December

- Dec 23rd:** Christmas Party at 6:00pm
- Dec 21st:** Black Belt Meeting 10:00am
- Dec 25th:** No Class Christmas

Quote of Month

How Does it Work?

This is a 12 month program, with one session offered each month. To receive your certification, you must complete at least eight sessions over the 12 month period. Each monthly session will be held on a Saturday from 9:00am – noon at the dojo of the host instructor. Senior instructors will host sessions at their dojo, and you will receive a certification from all instructors involved when completed.

Who can participate?

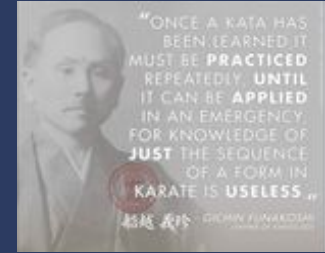
To enter the program you must be at least **Shodan** level (1st Degree Black). Your instructor must recommend you for the program. Students of all martial arts styles are welcome to attend! Students may enter the program at any time, and simply start with the next scheduled session.

Session Topics

- Teaching Fundamentals (Kihon)
- Managing a Successful Dojo
- Teaching Kata
- Managing Dojo Finances
- Teaching Kumite
- Kobudo Session 1
- Kobudo Session 2
- Teaching Self-Defense
- Preparing for Competitions
- Student Recognition / Motivation

[Click Here for more info](#)

Quote of Month

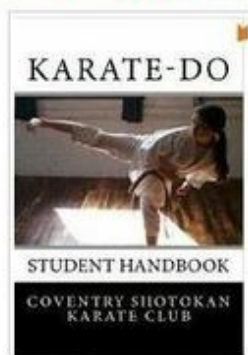


"Once a kata has been learned, it must be practiced repeatedly until it can be applied in an emergency. For knowledge of just the sequence of a form in karate is useless"

- **Gichin Funakoshi**

HOLIDAY NEW STUDENT OFFER

HOLIDAY GIFT PACKAGE



Give the gift of Karate this holiday season. Purchase an Introductory Package that includes:

- 1 Month Karate lessons
- 1 Copy of the CSKC Student Manual
- 1 Karate Uniform

A \$95 value for only \$49 [Order Here](#) and receive the Handbook and Gift Certificate

for classes and free uniform before Christmas.

[Click Here for More Details](#)

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